Strategies for College Success

EDPS 2600
Academic Skills

- Personal Learning Style
- Note Taking
- Managing Test Anxiety
- Memory
- Test Wiseness
- Concentration
- Reading Textbooks
- Critical Thinking
Life Skills

Career and Major Exploration

Values Clarification

Time Management

Stress Management

Diversity

Goal Setting

Mindfulness

Communication
We Also Help You...

- Learn about resources available on campus
- Become familiar with the Marriott Library systems
- Learn about yourself as a student
- Find balance between classes, work, social life, family, and other responsibilities
Students Who Take Our Class...

- Have higher GPAs
- Are more likely to stay in school and graduate
- Show increases in areas such as:
  Academic Self-Confidence, Goal Striving, Study Skills, and Commitment to College
Educational Psychology - 2600

3 Credit Elective

- Small Class Sizes
- Interactive
- Research Based
- No Tests!

95% of Students who took the class would recommend it!
OUR TEAM

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We are here
THANK YOU