

COPING WITH CHAOS

A supportive
space
hosted by the
University of Utah
Counseling Center

Drop in to our
free, online space
to learn coping
skills for these
challenging times

Mondays - 10:00, 10:30, 2:30, 3:00

Tuesdays - 10:00, 10:30, 2:30, 3:00

Wednesdays - 9:00, 9:30, 2:30, 3:00

Thursdays - 10:00, 10:30, 1:30, 2:00

Contact Fabi Cisneros
(fcisneros@sa.utah.edu) to get connected

